



**Join Us For
National Community Health Center Week
August 8 to 12, 2001**

The Greater Prince William Community Health Center will commemorate National Community Health Center Week, August 8 to 12, with a variety of free programs and activities. These events—which include health screenings, educational sessions and tours—are open to the public at the Health Center, 4379 Ridgewood Center Drive in Woodbridge.

Program	Date and Time	Activity
Mammograms	9 a.m. to 3 p.m. Monday, August 8	Patients with a current mammogram order can schedule a free mammogram from our partner, the University of Virginia Mobile Clinic.
Open House	1 to 3 p.m. Tuesday, August 9	Open house and tour of the Health Center.
Healthy Lifestyles Presentation	1 to 3 p.m. Tuesday, August 9	Presentations provided by the RealFit Center of Amerigroup.
Health Screenings	2 to 6 p.m. Weds., August 10	Height and weight checks plus blood pressure and blood glucose screenings by our primary care team.
	2 to 4 p.m. Weds., August 10	ADHD screenings by our behavioral health team.
	4 to 6 p.m. Weds., August 10	Oral health screenings by our dental team.
Preparing for Labor Seminar	5:30 to 7 p.m. Weds., August 10	An educational seminar for expectant families in partnership with the Northern Virginia Family Service Healthy Families Program.
Optometry Mobile Clinic	9 a.m. to noon, 1 to 3 p.m. Thurs., August 11	The Lake Ridge Lions Club Mobile Clinic will be at the Health Center to provide free vision, glaucoma and hearing screenings.
Car Seat Distribution	10 a.m. to 2 p.m. Thurs., August 11	NVFS- Healthy Families Prince William will offer qualifying, low-income parents the chance to apply for a free car seat. 30 seats are available on a first-come, first-served basis.
Healthy Eating	8 a.m. to 4:30 p.m. August 8 to 12	Healthy snacks, recipes and informational materials regarding a healthy diet will be available in the Health Center waiting rooms.

Call 703-680-7950 if you need additional information.